



2009 SPARTAN FREESTYLE/GRECO WRESTLING TOURNAMENT

Francis Howell Central High School
Saturday, April 18, 2009

START TIMES

- 7 a.m. Weigh-ins
- 7:30 a.m. Weigh-ins end. If you have not registered and checked in by 7:30 a.m., you will not be able to wrestle.
- 9 a.m. Rules clinic and demonstration
- 9:30 a.m. Freestyle wrestling begins. Greco will begin at the conclusion of freestyle.

AWARDS

Medals will be given to the top three in each weight class.

DIVISIONS

- Elementary
- Middle School
- High School

We will make every attempt to group wrestlers based upon age and ability level. Divisions will depend upon weight; if there is too much weight difference within a group, we will have more groups with fewer competitors in each group.

ENTRY FEE

\$15 for one style, \$25 for both

Sanctioned by USA wrestling and accident coverage provided by the same.

Must have a USA card to wrestle. USA wrestling cards will be available to purchase at the tournament.

LOCATION

Francis Howell Central
5199 Highway N
St. Charles, MO 63304

PREREGISTRATION (individual or team lineup)

Please e-mail registrations by noon Friday, April 17 to: steven.cross@fhdschools.org

QUESTIONS?

E-mail Steve Cross at steven.cross@fhdschools.org or call 636-851-4684

2009 Spartan Freestyle/Greco Wrestling Tournament

Entry Form

Name _____

Weight _____ Grade ('08-'09) _____

Division: Elementary Middle School High School

I want to wrestle: Freestyle Greco Both

Season Record: _____

Accomplishments: _____

Freestyle experience: _____

Greco experience: _____

Please make checks payable to Spartan Wrestling Club.

Liability Release:

I, the undersigned, individually and as a Parent/guardian _____
(wrestler's name) As a minor, ask that he/she be admitted to participate in the above
USA wrestling sponsored event. I do hereby agree to release, discharge and hold
harmless USA Wrestling & Spartan Wrestling Club, their agents and employees of and
from all causes, liabilities, and damages, claims, or demands whatsoever on account of
any injury or accident involving the said minor arising out of the minor's attendance at
the sporting event or in the course of competition held in connection with this event.